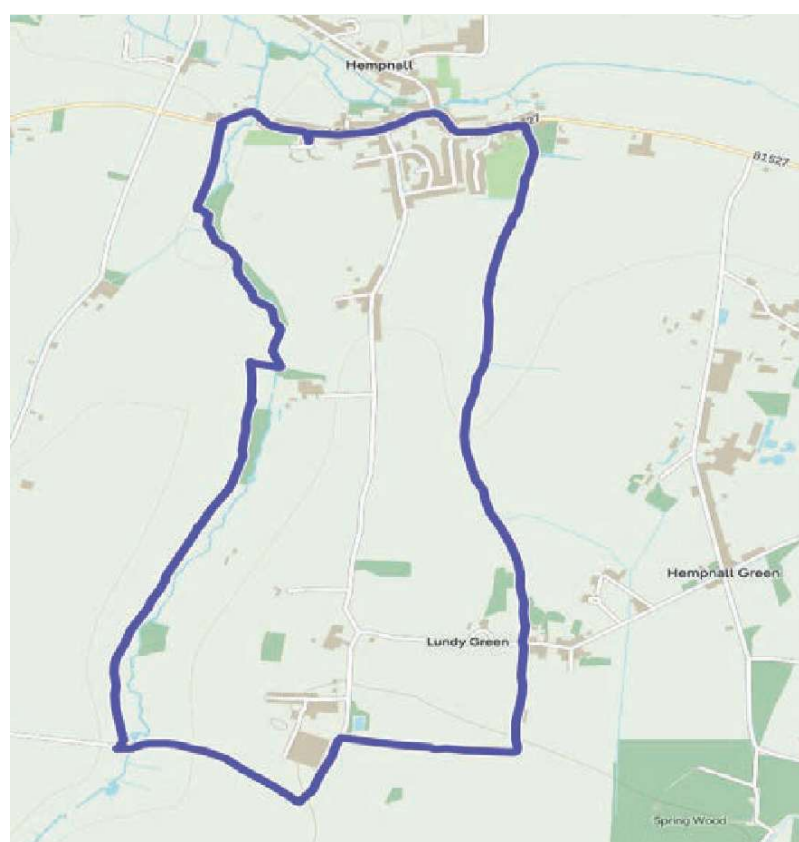




Walking for Health Hempnall and Lundy Green

REVIEWED BY CHRISTOPHER WHITE

VOLUNTEER WALK LEADER AT CENTRAL
NORFOLK WELLBEING WALKS



Starting Point: St Margaret's Church,
The Street, Hempnall NR15 2AD

Parking: On the street in front of the church

Bus: Konectbus 84 Norwich to Harleston

Grid Reference: TM 241 944 OS Explorer Map 237

What3Words: ///couple.rams.certainly

Walk Length: 4.5 miles

Disclaimer: Although this route was checked prior to publication, readers should check for local changes before they walk and ensure they walk within their capabilities.



Please check our Facebook page
Central Norfolk Wellbeing Walks to
see our current programme of walks.

Directions

This is 4.5-mile walk, starting from the village church; it goes along a footpath beside a river for just over 1.5 miles, then along a country road before returning on another footpath; with overhanging trees forming an arch – again, for just over 1.5 miles.

Please remember to take nothing but memories and photographs, leaving nothing but footprints and follow the footpath signs.

01. Leave the churchyard and turn left, along The Street until you reach a T-junction with a coffee shop in front of you. Turn right and walk along Mill Road, using the pavement, until you come to the end of the houses, and look for a footpath fingerboard on your left. Cross the road with care and join the footpath through a gap in the hedge.

02. Follow this footpath for the next 1.5 miles in a southerly direction. Initially, keep the wire fence on your left and ignore the footpath to your right. Climb over two stiles close together and walk beside a stream, over a plank bridge, across a field, then another plank bridge until you reach a bridge on your left with red upright posts, which carries a farm track and footpath.

03. Turn right onto this footpath. Turn left when you reach the next field, walking with a hedge on your left. Cross over a series of stiles, plank bridges and fields to reach Steppings Lane through a gap in a hedge.

04. Turn left and follow the road for the next half mile, around a left-hand bend, until you reach a footpath on your right. Turn right to walk along this footpath with the hedge on your right, until you reach a hedge in front with another footpath crossing this one.

05. Turn left onto this footpath and head in a northerly direction for around 1.5 miles. This footpath becomes a track, crosses over Lundy Green and continues with trees forming a tunnel, before opening up to views of Hempnall and its church in the distance before you reach Bungay Road through another tunnel in the trees.

06. Take care crossing over Bungay Road, turn left and head back to the junction with the coffee shop, then retrace your steps to the church and the start of the walk.



Join Our Weekly Walk

Why not join us for our regular walk from the Mother & Child Statue at Norwich Cathedral, Thursdays at 10.30am?
You are always welcome.

